

It's Learning Disabilities Week 2024!



Ealing Mencap did a survey for people with Learning Disabilities to find out what needs to change.



Here's what they said.



1. Being Listened To More



Many people with Learning Disabilities feel they are not listened to. Only 12.5% said they felt listened to all the time.

Here is what we learnt from the survey.



- Professionals may listen, but the wider community often doesn't understand our needs.
- Feeling invisible can make people with Learning Disabilities feel sad and lonely.

How to Change This:



People with Learning Disabilities want a say in how they are supported.



Workshops and training can help people understand Learning Disabilities.



Training for the public and businesses is important.



2. More Education and Awareness about supporting people with Learning Disabilities



People need to learn how to support someone with a Learning Disability.

Here are some quotes from the survey.

"People without training don't understand Learning Disabilities. They need time and support."

"Employers aren't always trained to support employees with Learning Disabilities."

"Some people still have old-fashioned views about disability."

How to Change This:



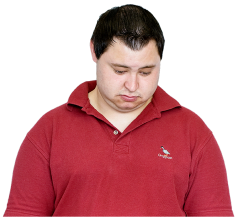
Delivering training can help people understand hidden disabilities.



This will create a more inclusive community.



3. No More Stigma



Stigma is still a problem. It can make people feel like an outsider.



“Stereotypes, such as assuming all people with Autism are the same, make people feel misunderstood.”

How to Change This:



Understand that having a Learning Disability is just a different way of being.



Thank you for reading!